

**Week
1**

Food Menu

Breakfast is a Selection of Cereals and Toast... Available from 8-8.30am



Monday

Morning Snack

Pieces of Apple, Orange and Grapes

Lunch

Sausages, Boiled Potatoes and Mixed Vegetables with Gravy
Strawberry Crumble with Custard

Afternoon Snack

Fruit Loaf, Fruit Salad



Tuesday

Morning Snack

Pieces of Banana, Kiwi and Pear

Lunch

Beef Casserole, Cauliflower and Carrots with Gravy

Jelly and Ice Cream

Afternoon Snack

Cheese/Jam on Toast, Salad



Wednesday

Morning Snack

Pieces of Apple, Banana and Orange

Lunch

Chicken Supreme and Rice with Garlic Bread
Bananas and Custard

Afternoon Snack

Cheese/Meat Sandwiches, Fruit Salad



Thursday

Morning Snack

Pieces of Kiwi, Melon and Pear

Lunch

Pork Meatballs and Fusilli Pasta in a Tomato Sauce
Yoghurt with Peaches

Afternoon Snack

Oatcakes with Cheese, Salad



Drinks are offered at Mealtimes and throughout the day... Water, Milk or Juice

Friday

Morning Snack

Pieces of Apple, Banana, and Grapes

Lunch

Baked Cod, Mashed Potatoes and Garden Peas with Parsley Sauce.

Chocolate Cake and Custard

Afternoon Snack

Egg/Tuna/Ham Sandwiches, Fruit Salad

