

**Week
3**

Food Menu



Breakfast is a Selection of Cereals and Toast... Available from 8-8.30am

Tuesday

Morning Snack

Pieces of Banana, Pear and Orange

Lunch

Chicken Curry with Rice And Peas

Apple Crumble with Ice Cream

Afternoon Snack

Oatcakes and Cheese Mixed Salad



Thursday

Morning Snack

Pieces of Banana, Kiwi, and Grapes

Lunch

Fish Fingers, Mashed Potatoes and Spaghetti Hoops

Bananas and Custard

Afternoon Snack

Crackers/Breadsticks with Cheese, Mixed Salad



Drinks are offered at Mealtimes and throughout the day... Water, Milk or Juice

Monday

Morning Snack

Pieces of Apple, Banana and Pear

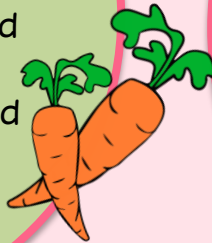
Lunch

Meat and Potato Pie and Carrots with Gravy

Ginger Cake and Custard

Afternoon Snack

Hot Dogs in Baps, Fruit Salad



Wednesday

Morning Snack

Pieces of Apple, Melon, Strawberries and Raisins

Lunch

Roast Pork, Boiled Potatoes, Sprouts and Swede with Gravy

Strawberry Yogurt and Mixed Fruit

Afternoon Snack

Cheese/Ham/ Tuna Sandwiches, Fruit Salad



Friday

Morning Snack

Pieces of Banana and Orange, Grapes and Raisins

Lunch

Sausages in a Tomato Sauce and Fusilli Pasta with Garlic Bread

Jam and coconut Sponge Cake with Custard

Afternoon Snack

Cheese/Jam on Toast, Fruit Salad

