

**Week
4**

Food Menu

Breakfast is a Selection of Cereals and Toast... Available from 8-8.30am



Tuesday

Morning Snack
Pieces of Kiwi, Melon and Orange.

Lunch
Pork Casserole, Mashed Potato and Garden Peas with Gravy.

Ice cream with Mixed Fruit

Afternoon Snack
Cheese/Jam on Toast, Mixed Salad



Thursday

Morning Snack
Pieces of Melon, Pear and Strawberries

Lunch
Chicken Pie, Boiled Potatoes, Broccoli and Gravy

Afternoon Snack
Cheese and Crackers/ Breadsticks Mixed Salad



Drinks are offered at Mealtimes and throughout the day... Water, Milk or Juice

Monday

Morning Snack
Pieces of Apple and Pear, Grapes and Raisins

Lunch
Fish Pie and Sweetcorn with Parsley Sauce

Apple Crumble with Custard

Afternoon Snack
Egg/Paste/Tuna Sandwiches
Fruit Salad



Wednesday

Morning Snack
Pieces of Pear, Orange, and Grapes

Lunch
Cheese and Tomato Pie with Baked Beans
Chocolate Sponge Cake and Custard

Afternoon Snack
Pancakes, Fruit Salad



Friday

Morning Snack
Pieces of Apple, Banana and Pear, and Raisins.

Lunch
Spaghetti Bolognese and Peas with Garlic Bread
Yoghurt with Peaches

Afternoon Snack
Ham/ Cheese Sandwiches, Fruit Salad

